

Families of Faith Christian Academy

Administrative Offices • 24466 W Eames St • Channahon, IL 60410
Phone: 815.521.1381 • Email: admin@fofca.com • Web Address: www.fofca.com



Families of Faith Christian Academy ATHLETIC Code of Conduct

Mission Statement:

We will use athletics to develop the discipline and teamwork that will enable young men and women to become all God has called them to be.

**FAMILIES OF FAITH CHRISTIAN ACADEMY
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PRACTICE

1. Everyone is expected to be at all practices and to be on time. On time means dressed & ready to go at least 5 minutes prior to the start of practice. Excused absences include illness and emergencies but you must notify the head coach at least 1 hour prior to the start of practice. You will only be allowed 2 excused absences each additional excused absence will result in a one game suspension. ANY unexcused absence will result in a one game suspension. If you are late to practice more than 3 times, it will be considered an unexcused absence.
2. Cell phones must be turned off and kept in your backpack or your locker from the beginning of practice until the end of practice.
3. When the whistle blows, stop all action.
4. When a coach is speaking, all players should be quiet and attentive.
5. Treat coaches with respect, they will treat you accordingly.
6. No drinking water or sitting down except at designated break times.
7. NO criticizing your teammates. Compliment and encourage each other. **Coaches will handle the critiquing.**
8. Vulgar or obscene language, even if borderline or implied, will not be tolerated.
9. Any indication that you are engaged in sexual activities or involved with drugs, alcohol, or tobacco will result in immediate disciplinary action which could include removal from the team.
10. If you have questions, Please ASK!
11. Your level of performance comes from ATTITUDE, ABILITY, & IMPROVEMENT. Keep working to improve your athletic skills.
12. **Take care of the FACILITIES & EQUIPMENT. This is YOUR school.**
13. Do not roam hallways after school, stay in the gym area or the practice area.

GAMES & TRAVEL

1. You are expected to be at all games on time. You must arrive at all home games 45 minutes prior to the start of the first game. Players playing later in the day are to be dressed and in the bleachers, sitting together, supporting the teams playing ahead of them.
2. You must ride to and from road games by transportation provided by the school. **Approval to leave with parents to return home may be granted by the Athletic Director (if present) or the head varsity coach only. If you ride home with parents, you must fill out permission form and give to the Athletic Director (if present) or head coach prior to leaving. You may only leave if a parent is there to sign you out!**
3. Mandatory dress must be worn to school and traveling to all away games. The school handbook can be consulted for the rules regarding mandatory dress. Mandatory dress is required for home games as well, except for days which fall in spirit week. FOFCA athletes who are actually dressing to the spirit week may do so, otherwise the mandatory dress rules apply.
4. Cell phones must be turned off 45 minutes prior to the start of the game and may not be turned back on until the head coach has dismissed you from the locker room following the game.
5. You may listen to music on bus rides. **However, the music must not contain any vulgarities, obscenities, or sexual references.** Make sure the music you listen to is positive and preferably Christian, fill your mind with the things of God.
6. You are expected to be good Christian leaders. Be a good testimony to the student body especially the younger students that will be looking up to you. Show Christian character in all you say or do, on and off the field of play.
7. You must give support and follow the leadership of your coaches and your team captain.
8. When on the bench, give support to the players on the field of play.
9. You must maintain a passing grade in all classes in order to play. By not maintaining this, you will not only be hurting yourself, but also the team. If you need tutoring or assistance, please talk to the school principal or administrator, they will set you up with the help you need.
10. EVERY player will help clean up after each home game - remove trash, put away chairs, etc.

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CHRISTIAN ATHLETES COMMITMENT

In every athletic situation whether practice or games, I will dedicate myself to give a total release of all I am mentally, emotionally, and physically- and to become more like Christ.

If the head coach elects to use team captain(s), then the following applies. Failure to do so may result in removal as team captain, either at the discretion of the coach, or the Athletic Director.

FOFCA Team Captain Responsibilities:

1. Exemplify Christian character at all times both on and off the court.
2. Be an example to your teammates spiritually and academically. This does not mean you have to be a "perfect" Christian or a straight 'A' student but rather that you give God your best.
3. Lead your teammates in practices and in games by exemplifying hard work and determination and by being your team's voice.
4. Hold your teammates accountable for their Christian character, their spiritual growth, their academic success, and for their effort in practice and in games.
5. Be an encourager to each one of your teammates **both on and off the court.**
6. Express the feelings and concerns of your teammates to your Coach.
7. Be the hardest worker on the team in practice and in games.
8. Be present and on-time to ALL practices and games. Unless there is an emergency, you are ill, or it is a pre-arranged absence.
9. Be prepared to lead the team in prayer before/after games and to lead devotions on trips.
10. Keep the team **UNITED** in mind and thought- let there be no division among us.

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Parent / Guardian Signature:

I/we the parents or legal guardian of _____, a student athlete at Families of Faith Christian Academy (FOFCA), have read and agree to be held accountable to the FOFCA Athletic Handbook.

I/we will support the school administration in their application and use of this handbook and we agree that the decisions made by the FOFCA athletic staff and administration are final.

Parent / Guardian Signature

Date: _____

Student Athlete Signature:

I _____, a student athlete at Families of Faith Christian Academy (FOFCA) have read and agree to be held accountable to the FOFCA Athletic Handbook.

Additionally, I have read and agree to be held accountable to the FOFCA Athletic Code of Conduct and the FOFCA Team Captain Responsibilities (if applicable).

I will support the school administration in their application and use of this handbook and we agree that the decisions made by the FOFCA athletic staff and administration are final.

Student Signature

Date: _____

TRANSPORTATION RELEASE:

I/we the parents or legal guardian of _____, a student athlete at Families of Faith Christian Academy (FOFCA), grant permission for my student to travel to/and from all athletic events off campus in school owned vehicles or FOFCA approved vehicles of faculty or parents.

Parent / Guardian Signature

Date: _____